

2023 Beck JH Girl's Cross Country (XC) Team

Girl's Cross Country (XC) will be a new sport this year!! Practices will start the second day of school (August 17th at 7:30am.

You must have all your rank one paperwork completed before you can attend skills camps and practices.

We will have **OPTIONAL** skills workouts before school starts. This will help our athletes get in shape for the upcoming season.

Dates for XC Optional Running Skills Camps:

August 1st: (Tues) 7:45am-8:45am (7:30am sign in/paperwork clearance check)

August 2nd: (Wed) 7:45am-8:45am

August 7th: (Mon) 7:00am-8:00am

August 9th: (Wed) 7:00am-8:00am

August 14th: (Mon) 7:00am-8:00am

August 15th (Tues) 7:00am-8:00am

For more information Join the Girl's XC "SPORTS YOU" on the Sports You App:

Scan the QR code or join by using the code UEGRY96N



The sports You App will have a calendar with all the skills camps, practices and meets.

For more information email Coach Szurek at Judykszurek@katyisd.org

